



# PHYSICAL THERAPY

# LOCATION REFERRAL

**NAME:** \_\_\_\_\_

**DIAGNOSIS:** \_\_\_\_\_

## ANNE ARUNDEL COUNTY

**Annapolis\***

*Coppermine Evolutions*  
1834 George Ave  
P: (443)441-0631 | F: (833)450-5085  
annapolis@fxphysicaltherapy.com

**Severna Park\***

*Rockwell Fitness Center*  
551 Baltimore Annapolis Blvd, Ste. D  
P: (443)516-7012 | F: (833)428-3582  
severnepark@fxphysicaltherapy.com

**Waugh Chapel\***

987 Waugh Chapel Way, Ste. E  
Gambrills, MD 21054  
P: (443)516-7012 | F: (833)428-3582  
waughchapel@fxphysicaltherapy.com

## BALTIMORE CITY

**Canton**

*Coppermine*  
1301 South Ellwood St.  
P: (443)606-6518 | F: (833)450-5097  
canton@fxphysicaltherapy.com

**Downtown Baltimore\***

*Under Armour Performance Center*  
10 Light St.  
P: (410)202-8581 | F: (833)450-5071  
10light@fxphysicaltherapy.com

**Federal Hill**

*Industry Athletics*  
1220 Key Hwy  
P: (443)441-0618 | F: (833)450-5069  
fedhill@fxphysicaltherapy.com

**Harbor East**

*Coppermine Health & Fitness*  
655 President St.  
P: (443)603-1704 | F: (844)689-2590  
harboreast@fxphysicaltherapy.com

**Mount Washington**

*Coppermine Sports Center*  
5731 Cottonworth Ave  
P: (410)708-4763 | F: (833)450-5075  
mt.washington@fxphysicaltherapy.com

## BALTIMORE COUNTY

**Essex**

*Prime Sports Performance*  
7120 Golden Ring Rd, Ste. 123  
P: (443)441-0663 | F: (833)450-5087  
essex@fxphysicaltherapy.com

**Hunt Valley**

*FX Studios / UAPC*  
11270 Pepper Rd  
P: (443)441-0630 | F: (833)450-5072  
huntvalley@fxphysicaltherapy.com

**Pikesville\***

*Bounce Pickleball*  
1726 Reisterstown Rd  
P: (443)441-0670 | F: (833)450-5076  
pikesville@fxphysicaltherapy.com

**Timonium**

15 W Aylesbury Rd, Ste. 400  
P: (410)942-9282 | F: (833)450-5094  
timonium@fxphysicaltherapy.com

**Towson**

*Coppermine The Mine*  
800 Kenilworth Dr.  
P: (443)441-0637 | F: (833)450-5086  
towson@fxphysicaltherapy.com

## CARROLL COUNTY

**Eldersburg\***

*Player's Fitness & Performance*  
5977 Exchange Dr, Ste. A  
P: (410)774-5770 | F: (833)973-5204  
eldersburg@fxphysicaltherapy.com

**Hampstead**

*Coppermine 4 Seasons*  
2710 Hampstead Mexico Rd  
P: (443)441-0660 | F: (833)450-5077  
hampstead@fxphysicaltherapy.com

## FREDERICK COUNTY

**Frederick**

*Player's Fitness & Performance*  
1664 Bowmans Farm Rd, Ste. 104  
P: (240)252-4597 | F: (833)450-5089  
frederick@fxphysicaltherapy.com

## HOWARD COUNTY

**Columbia\***

7165 Columbia Gateway Dr, Ste. A  
P: (443)441-0616 | F: (833)450-5082  
columbia@fxphysicaltherapy.com

**Columbia-Red Branch**

*Colosseum Gym*  
9159-F Red Branch Rd  
Columbia, MD 21045  
P: (443)441-0678 | F: (844)689-3499  
redbranch@fxphysicaltherapy.com

**Elkridge**

6095 Marshalee Dr, Ste. 120  
P: (443)441-0678 | F: (833)450-5080  
elkridge@fxphysicaltherapy.com

To visit our locations online, visit:  
[FXPhysicalTherapy.com/locations](https://FXPhysicalTherapy.com/locations)



**\*Pelvic Floor services offered.**

*Accepting all major insurance + self-pay options.*

# EXPERT COLLABORATION IN PATIENT CARE

**(443) 609-8009 | REFERRAL@FXPHYSICALTHERAPY.COM**  
**FXPHYSICALTHERAPY.COM**



# ABOUT + SPECIALTIES

## FX Physical Therapy offers 1 on 1 care with Doctors of Physical Therapy.

At FX Physical Therapy, our mission is to empower individuals to become the best overall versions of themselves—moving pain-free, stronger, faster, and better than ever before. We are committed to providing personalized, 1 on 1 care that is evidence-based and results-driven. Our goal is to unlock each patient's full potential, enhance their performance, increase confidence, and redefine what's possible!

Our physical therapy and sports medicine services include:

- ACL Injury Recovery & Prevention
- Blood Flow Restriction Training
- Comprehensive Movement Screens
- Concussion & Vestibular Rehabilitation
- Corrective & Functional Exercise Programming
- Cupping Therapy
- Dry Needling
- Joint & Spine Manual Therapy
- Myofascial Release & Soft Tissue Therapy
- Overhead & Rotational Athlete Programming
- Pelvic Floor Physical Therapy
- Post-Rehab Strength & Conditioning
- Recovery Zone Services (Normatec, TENS, and more)
- Run Gait & Biomechanical Analysis
- TMJ Dysfunction Treatment
- TPI Golf Performance Assessment
- Upper & Lower Extremity Functional Testing

Learn more about our approach to care at: [FXPhysicalTherapy.com](https://FXPhysicalTherapy.com)



# BUILT TO MAKE YOU BETTER

