



PHYSICAL THERAPY

LOCATION REFERRAL

NAME: _____

DIAGNOSIS: _____

ANNE ARUNDEL COUNTY

Annapolis*
Coppermine Evolutions
1834 George Ave
P: (443)441-0631 | F: (833)450-5085
annapolis@fxphysicaltherapy.com

REPS
REPS Performance
139 Ritchie Highway, Suite C
Severna Park, MD 21146
P: (443)201-1625 | F: (833)450-4616
reps@fxphysicaltherapy.com

Severna Park*
Rockwell Fitness Center
551 Baltimore Annapolis Blvd, Ste. D
P: (443)441-0676 | F: (833)450-5079
severnapark@fxphysicaltherapy.com

Waugh Chapel*
987 Waugh Chapel Way, Ste. E
Gambrills, MD 21054
P: (443)516-7012 | F: (833)428-3582
waughchapel@fxphysicaltherapy.com

BALTIMORE CITY

Canton
Coppermine
1301 South Ellwood St.
P: (443)606-6518 | F: (833)450-5097
canton@fxphysicaltherapy.com

Downtown Baltimore*
Under Armour Performance Center
10 Light St.
P: (410)202-8581 | F: (833)450-5071
10light@fxphysicaltherapy.com

Federal Hill
Industry Athletics
1220 Key Hwy
P: (443)441-0618 | F: (833)450-5069
fedhill@fxphysicaltherapy.com

Harbor East
Coppermine Health & Fitness
655 President St.
P: (443)603-1704 | F: (844)689-2590
harboreast@fxphysicaltherapy.com

Mount Washington*
Coppermine Sports Center
5731 Cottonworth Ave
P: (410)708-4763 | F: (833)450-5075
mt.washington@fxphysicaltherapy.com

BALTIMORE COUNTY

Essex
Prime Sports Performance
7120 Golden Ring Rd, Ste. 123
P: (443)441-0663 | F: (833)450-5087
essex@fxphysicaltherapy.com

Hunt Valley*
FX Studios / UAAPC
11270 Pepper Rd
P: (443)441-0630 | F: (833)450-5072
huntvalley@fxphysicaltherapy.com

Pikesville
Bounce Pickleball
1726 Reisterstown Rd
P: (443)441-0670 | F: (833)450-5076
pikesville@fxphysicaltherapy.com

Timonium*
15 W Aylesbury Rd, Ste. 400
P: (410)942-9282 | F: (833)450-5094
timonium@fxphysicaltherapy.com

Towson
Coppermine The Mine
800 Kenilworth Dr.
P: (443)441-0637 | F: (833)450-5086
towson@fxphysicaltherapy.com

CARROLL COUNTY

Eldersburg*
Player's Fitness & Performance
5977 Exchange Dr, Ste. A
P: (410)774-5770 | F: (833)973-5204
eldersburg@fxphysicaltherapy.com

Hampstead
Coppermine 4 Seasons
2710 Hampstead Mexico Rd
P: (443)441-0660 | F: (833)450-5077
hampstead@fxphysicaltherapy.com

Westminster
Player's Fitness & Performance
1030 Baltimore Blvd, Suite 160
P: (714)439-3662 | F: (844)749-3465
westminster@fxphysicaltherapy.com

Accepting all major insurance + self-pay options.

FREDERICK COUNTY

Frederick
Player's Fitness & Performance
1664 Bowmans Farm Rd, Ste. 104
P: (240)252-4597 | F: (833)450-5089
frederick@fxphysicaltherapy.com

HOWARD COUNTY

Columbia
7165 Columbia Gateway Dr, Ste. A
P: (443)441-0616 | F: (833)450-5082
columbia@fxphysicaltherapy.com

Columbia-Red Branch
Collosseum Gym
9159-F Red Branch Rd
Columbia, MD 21045
P: (443)441-0678 | F: (844)689-3499
redbranch@fxphysicaltherapy.com

Elkridge
6095 Marshalee Dr, Ste. 120
P: (443)441-0678 | F: (833)450-5080
elkridge@fxphysicaltherapy.com

MONTGOMERY COUNTY

Gaithersburg*
200 Perry Parkway, Suite #5
P: (301)241-9917 | F: (833)764-5293
gaithersburg@fxphysicaltherapy.com

To visit our locations online, visit:
FXPhysicalTherapy.com/locations



*Pelvic floor therapy services are available at multiple FXPT locations. Visit FXPhysicalTherapy.com/Pelvic-Health to learn more and find your local pelvic floor therapist!

EXPERT COLLABORATION IN PATIENT CARE

(443) 609-8009 | REFERRAL@FXPHYSICALTHERAPY.COM
FXPHYSICALTHERAPY.COM



ABOUT + SPECIALTIES

FX Physical Therapy offers premium 1 on 1 care with Doctors of Physical Therapy.

At FX Physical Therapy, our mission is to empower individuals to become the best overall versions of themselves—moving pain-free, stronger, faster, and better than ever before. Our goal is to unlock each patient's full potential, enhance their performance, increase confidence, and redefine what's possible!

Our physical therapy and sports medicine services include:

- ACL Injury Recovery & Prevention
- Blood Flow Restriction Training
- Comprehensive Movement Screens
- Concussion & Vestibular Rehabilitation
- Corrective & Functional Exercise Programming
- Cupping Therapy
- Dry Needling
- Joint & Spine Manual Therapy
- Myofascial Release & Soft Tissue Therapy
- Overhead & Rotational Athlete Programming
- Pelvic Floor Physical Therapy
- Post-Rehab Strength & Conditioning
- Recovery Zone Services (Normatec, TENS, and more)
- Run Gait & Biomechanical Analysis
- TMJ Dysfunction Treatment
- TPI Golf Performance Assessment
- Upper & Lower Extremity Functional Testing

Learn more about our approach to care at: FXPhysicalTherapy.com



BUILT TO MAKE YOU BETTER

