



# PHYSICAL THERAPY

# LOCATION REFERRAL

NAME: \_\_\_\_\_

DIAGNOSIS: \_\_\_\_\_

## ANNE ARUNDEL COUNTY

**Annapolis\***  
*Coppermine Evolutions*  
1834 George Ave  
P: (443)441-0631 | F: (833)450-5085  
annapolis@fxphysicaltherapy.com

**REPS**  
*REPS Performance*  
139 Ritchie Highway, Suite C  
Severna Park, MD 21146  
P: (443)201-1625 | F: (833)450-4616  
reps@fxphysicaltherapy.com

**Severna Park\***  
*Rockwell Fitness Center*  
551 Baltimore Annapolis Blvd, Ste. D  
P: (443)441-0676 | F: (833)450-5079  
severnapark@fxphysicaltherapy.com

**Waugh Chapel\***  
987 Waugh Chapel Way, Ste. E  
Gambrills, MD 21054  
P: (443)516-7012 | F: (833)428-3582  
waughchapel@fxphysicaltherapy.com

## BALTIMORE CITY

**Canton**  
*Coppermine*  
1301 South Ellwood St.  
P: (443)606-6518 | F: (833)450-5097  
canton@fxphysicaltherapy.com

**Downtown Baltimore\***  
*Under Armour Performance Center*  
10 Light St.  
P: (410)202-8581 | F: (833)450-5071  
10light@fxphysicaltherapy.com

**Federal Hill**  
*Industry Athletics*  
1220 Key Hwy  
P: (443)441-0618 | F: (833)450-5069  
fedhill@fxphysicaltherapy.com

**Harbor East\***  
*Coppermine Health & Fitness*  
655 President St.  
P: (443)603-1704 | F: (844)689-2590  
harboreast@fxphysicaltherapy.com

**Mount Washington\***  
*Coppermine Sports Center*  
5731 Cottonworth Ave  
P: (410)708-4763 | F: (833)450-5075  
mt.washington@fxphysicaltherapy.com

## BALTIMORE COUNTY

**Essex**  
*Prime Sports Performance*  
7120 Golden Ring Rd, Ste. 123  
P: (443)441-0663 | F: (833)450-5087  
essex@fxphysicaltherapy.com

**Hunt Valley\***  
*FX Studios / UAAPC*  
11270 Pepper Rd  
P: (443)441-0630 | F: (833)450-5072  
huntvalley@fxphysicaltherapy.com

**Pikesville**  
*Bounce Pickleball*  
1726 Reisterstown Rd  
P: (443)441-0670 | F: (833)450-5076  
pikesville@fxphysicaltherapy.com

**Timonium\***  
15 W Aylesbury Rd, Ste. 400  
P: (410)942-9282 | F: (833)450-5094  
timonium@fxphysicaltherapy.com

**Towson**  
*Coppermine The Mine*  
800 Kenilworth Dr.  
P: (443)441-0637 | F: (833)450-5086  
towson@fxphysicaltherapy.com

## CARROLL COUNTY

**Eldersburg**  
*Player's Fitness & Performance*  
5977 Exchange Dr, Ste. A  
P: (410)774-5770 | F: (833)973-5204  
eldersburg@fxphysicaltherapy.com

**Hampstead**  
*Coppermine 4 Seasons*  
2710 Hampstead Mexico Rd  
P: (443)441-0660 | F: (833)450-5077  
hampstead@fxphysicaltherapy.com

**Westminster\***  
*Player's Fitness & Performance*  
1030 Baltimore Blvd, Suite 160  
P: (714)439-3662 | F: (844)749-3465  
westminster@fxphysicaltherapy.com

*Accepting all major insurance + self-pay options.*

## FREDERICK COUNTY

**Frederick**  
*Player's Fitness & Performance*  
1664 Bowmans Farm Rd, Ste. 104  
P: (240)252-4597 | F: (833)450-5089  
frederick@fxphysicaltherapy.com

## HOWARD COUNTY

**Columbia**  
7165 Columbia Gateway Dr, Ste. A  
P: (443)441-0616 | F: (833)450-5082  
columbia@fxphysicaltherapy.com

**Columbia-Red Branch**  
*Collosseum Gym*  
9159-F Red Branch Rd  
Columbia, MD 21045  
P: (443)441-0678 | F: (844)689-3499  
redbranch@fxphysicaltherapy.com

**Elkridge**  
6095 Marshalee Dr, Ste. 120  
P: (443)441-0678 | F: (833)450-5080  
elkridge@fxphysicaltherapy.com

## MONTGOMERY COUNTY

**Gaithersburg\***  
200 Perry Parkway, Suite #5  
P: (301)241-9917 | F: (833)764-5293  
gaithersburg@fxphysicaltherapy.com

To visit our locations online, visit:  
[FXPhysicalTherapy.com/locations](https://FXPhysicalTherapy.com/locations)



\*Pelvic floor therapy services are available at multiple FXPT locations. Visit [FXPhysicalTherapy.com/Pelvic-Health](https://FXPhysicalTherapy.com/Pelvic-Health) to learn more and find your local pelvic floor therapist!

# EXPERT COLLABORATION IN PATIENT CARE

(443) 609-8009 | [REFERRAL@FXPHYSICALTHERAPY.COM](mailto:REFERRAL@FXPHYSICALTHERAPY.COM)  
[FXPHYSICALTHERAPY.COM](https://FXPHYSICALTHERAPY.COM)



# ABOUT + SPECIALTIES

## FX Physical Therapy offers premium 1 on 1 care with Doctors of Physical Therapy.

At FX Physical Therapy, our mission is to empower individuals to become the best overall versions of themselves—moving pain-free, stronger, faster, and better than ever before. Our goal is to unlock each patient's full potential, enhance their performance, increase confidence, and redefine what's possible!

Our physical therapy and sports medicine services include:

- ACL Injury Recovery & Prevention
- Blood Flow Restriction Training
- Comprehensive Movement Screens
- Concussion & Vestibular Rehabilitation
- Corrective & Functional Exercise Programming
- Cupping Therapy
- Dry Needling
- Joint & Spine Manual Therapy
- Myofascial Release & Soft Tissue Therapy
- Overhead & Rotational Athlete Programming
- Pelvic Floor Physical Therapy
- Post-Rehab Strength & Conditioning
- Recovery Zone Services (Normatec, TENS, and more)
- Run Gait & Biomechanical Analysis
- TMJ Dysfunction Treatment
- TPI Golf Performance Assessment
- Upper & Lower Extremity Functional Testing

Learn more about our approach to care at: [FXPhysicalTherapy.com](https://FXPhysicalTherapy.com)



# BUILT TO MAKE YOU BETTER

