



PHYSICAL THERAPY

LOCATION REFERRAL

FX Physical Therapy offers premium 1-on-1 care with Doctors of Physical Therapy at all locations.

ANNE ARUNDEL COUNTY

☐ Annapolis*

Coppermine Evolutions

1834 George Ave

P: (443)441-0631 | F: (833)450-5085

annapolis@fxphysicaltherapy.com

☐ REPS

REPS Performance

139 Ritchie Highway, Suite C

Severna Park, MD 21146

P: (443)201-1625 | F: (833)450-4616

reps@fxphysicaltherapy.com

☐ Severna Park*

Rockwell Fitness Center

551 Baltimore Annapolis Blvd, Ste. D

P: (443)441-0676 | F: (833)450-5079

severnapark@fxphysicaltherapy.com

☐ Waugh Chapel*

987 Waugh Chapel Way, Ste. E

Gambills, MD 21054

P: (443)516-7012 | F: (833)428-3582

waughchapel@fxphysicaltherapy.com

BALTIMORE CITY

☐ Canton

Coppermine

1301 South Ellwood St.

P: (443)606-6518 | F: (833)450-5097

canton@fxphysicaltherapy.com

☐ Downtown Baltimore*

Under Armour Performance Center

10 Light St.

P: (410)202-8581 | F: (833)450-5071

10light@fxphysicaltherapy.com

☐ Federal Hill

Industry Athletics

1220 Key Hwy

P: (443)441-0618 | F: (833)450-5069

fedhill@fxphysicaltherapy.com

☐ Harbor East*

Coppermine Health & Fitness

655 President St.

P: (443)603-1704 | F: (844)689-2590

harboreast@fxphysicaltherapy.com

☐ Mount Washington*

Coppermine Sports Center

5731 Cottonworth Ave

P: (410)708-4763 | F: (833)450-5075

mt.washington@fxphysicaltherapy.com

BALTIMORE COUNTY

☐ Essex

Prime Sports Performance

7120 Golden Ring Rd, Ste. 123

P: (443)441-0663 | F: (833)450-5087

essex@fxphysicaltherapy.com

☐ Hunt Valley*

FX Studios / UAPC

11270 Pepper Rd

P: (443)441-0630 | F: (833)450-5072

huntvalley@fxphysicaltherapy.com

☐ Pikesville

Bounce Pickleball

1726 Reisterstown Rd

P: (443)441-0670 | F: (833)450-5076

pikesville@fxphysicaltherapy.com

☐ Timonium*

15 W Aylesbury Rd, Ste. 400

P: (410)942-9282 | F: (833)450-5094

timonium@fxphysicaltherapy.com

☐ Towson

Coppermine The Mine

800 Kenilworth Dr.

P: (443)441-0637 | F: (833)450-5086

towson@fxphysicaltherapy.com

CARROLL COUNTY

☐ Eldersburg

Player's Fitness & Performance

5977 Exchange Dr, Ste. A

P: (410)774-5770 | F: (833)973-5204

eldersburg@fxphysicaltherapy.com

☐ Hampstead

Coppermine 4 Seasons

2710 Hampstead Mexico Rd

P: (443)441-0660 | F: (833)450-5077

hampstead@fxphysicaltherapy.com

☐ Westminster*

Player's Fitness & Performance

1030 Baltimore Blvd, Suite 160

P: (410)921-2967 | F: (844)749-3465

westminster@fxphysicaltherapy.com

*Accepting all major insurance
+ self-pay options.*

FREDERICK COUNTY

☐ Frederick*

Player's Fitness & Performance

1664 Bowmans Farm Rd, Ste. 104

P: (240)252-4597 | F: (833)450-5089

frederick@fxphysicaltherapy.com

HOWARD COUNTY

☐ Columbia

7165 Columbia Gateway Dr, Ste. A

P: (443)441-0616 | F: (833)450-5082

columbia@fxphysicaltherapy.com

☐ Columbia-Red Branch

Collosseum Gym

9159-F Red Branch Rd

Columbia, MD 21045

P: (443)441-0678 | F: (844)689-3499

redbranch@fxphysicaltherapy.com

☐ ElkrIDGE

6095 Marshalee Dr, Ste. 120

P: (443)441-0678 | F: (833)450-5080

elkrIDGE@fxphysicaltherapy.com

MONTGOMERY COUNTY

☐ Gaithersburg*

200 Perry Parkway, Suite #5

P: (301)241-9917 | F: (833)450-5293

gaithersburg@fxphysicaltherapy.com

To visit our locations online, visit:
FXPhysicalTherapy.com/locations



*Pelvic floor therapy services are available at multiple FXPT locations. Visit FXPhysicalTherapy.com/Pelvic-Health to learn more and find your local pelvic floor therapist!

Effective: 8/20/2026

EXPERT COLLABORATION IN PATIENT CARE

**(443) 609-8009 | REFERRAL@FXPHYSICALTHERAPY.COM
FXPHYSICALTHERAPY.COM**

ABOUT + SPECIALTIES

At FX Physical Therapy, our mission is to empower individuals to become the best overall versions of themselves—moving pain-free, stronger, faster, and better than ever before. Our goal is to unlock each patient's full potential, enhance their performance, increase confidence, and redefine what's possible!

Our physical therapy and sports medicine services include:

- ACL Injury Recovery & Prevention
- Blood Flow Restriction Training
- Comprehensive Movement Screens
- Concussion & Vestibular Rehabilitation
- Corrective & Functional Exercise Programming
- Cupping Therapy
- Dry Needling
- Joint & Spine Manual Therapy
- Myofascial Release & Soft Tissue Therapy
- Overhead & Rotational Athlete Programming
- Pelvic Floor Physical Therapy
- Post-Rehab Strength & Conditioning
- Recovery Zone Services (Normatec, TENS, and more)
- Run Gait & Biomechanical Analysis
- TMJ Dysfunction Treatment
- TPI Golf Performance Assessment
- Upper & Lower Extremity Functional Testing

DIAGNOSIS

NAME: _____

☐ ORTHOPEDIC ☐ PELVIC FLOOR ☐ CONCUSSION-VESTIBULAR ☐ OTHER

DIAGNOSIS: _____

NOTES: _____

FXPT LOCATION: _____

SIGNATURE: _____ **DATE:** _____

BUILT TO MAKE YOU BETTER